

Overcoming Challenges:

Your Health- Mental, Physical & Spiritual!



Savannah State University
September 13, 2023



Presenter

Pastor Ricky Temple

The Truth About a Lot of People and the Lessons I Have Learned!

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board that manages

truth the

genuine or factual 2

true 3 a proven or y

They are Managing at Least One
Challenging Relationship



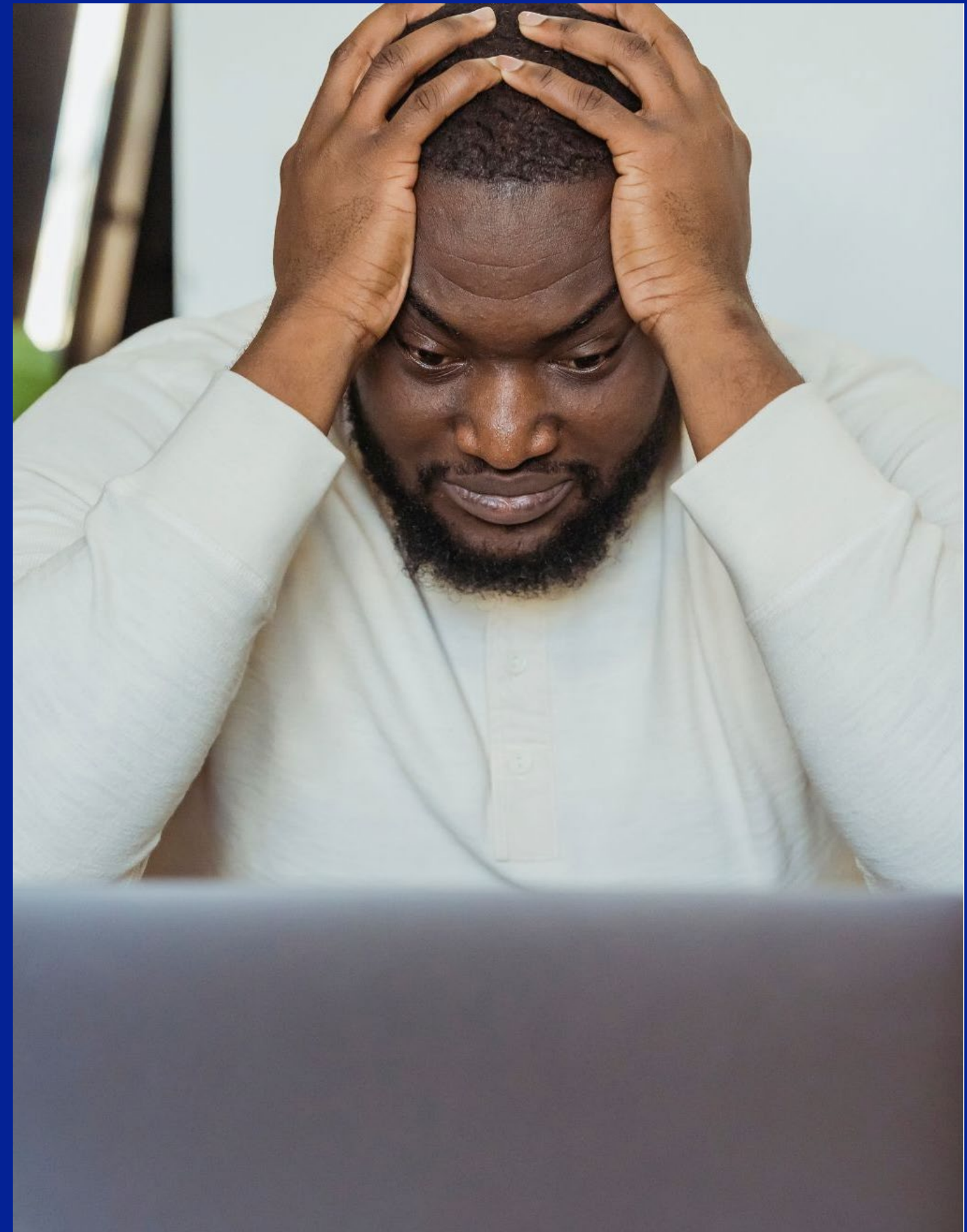
Their Money Is Tight

- Low On Cash/ Heavy On Debt



They Are Fighting Disappointment

- About Their Future
- The Direction of Their Lives



They Struggle With Spiritual Guilt

- Do you feel like you are a spiritual disappointment?



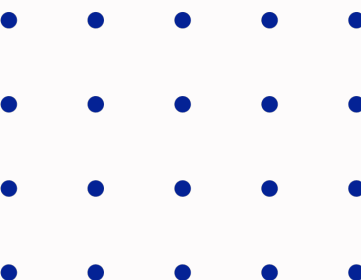


They Admire Magical People
With Supposed Perfect Lives



Do you admire people
who you think have
figured out everything?

Sales



They Are Dreaming of a Magical Place That Has All The Answers

- What Place Do You Feel Will Solve All of Your Problems?



What Has Helped Me Think
Through All Of This?



I Study The Truth About Money



I Study People and Learn

- Who Have You Studied From Afar?



I FORGIVE MYSELF FOR NOT
BEING PERFECT.



I Challenge Myself to be Better

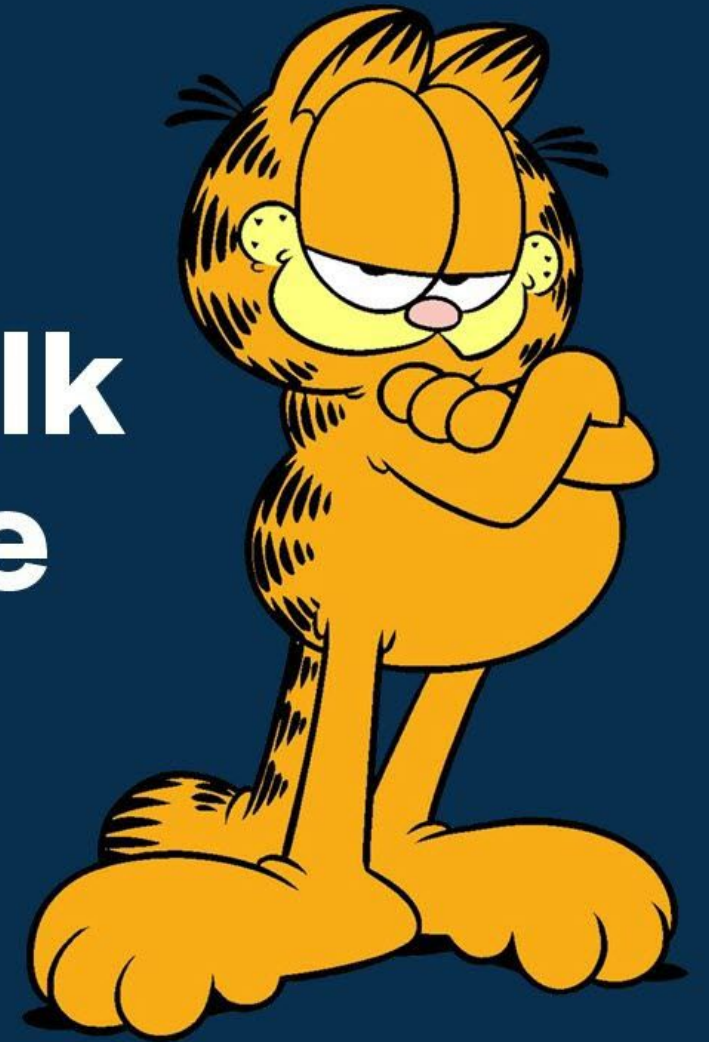


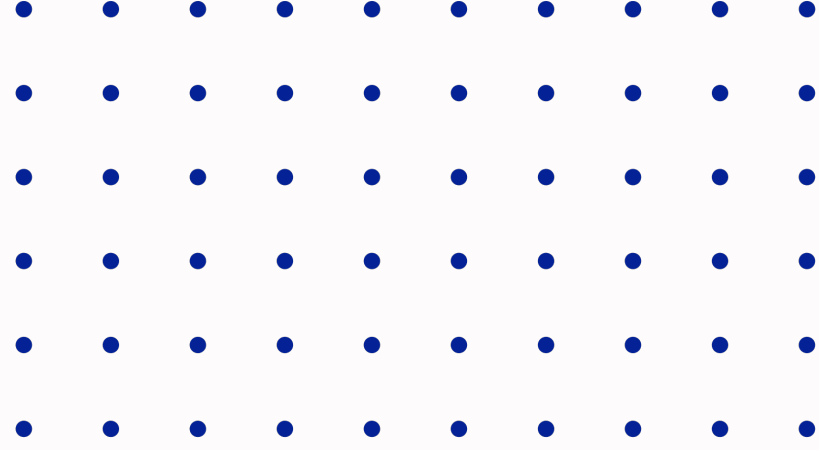
I Hang With People Who Want Something



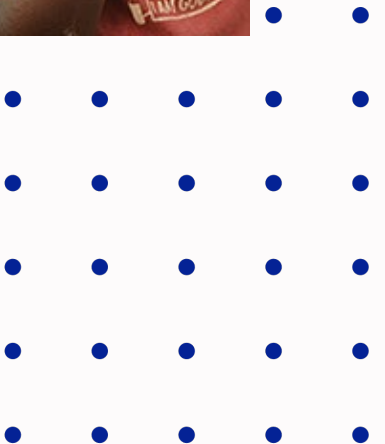
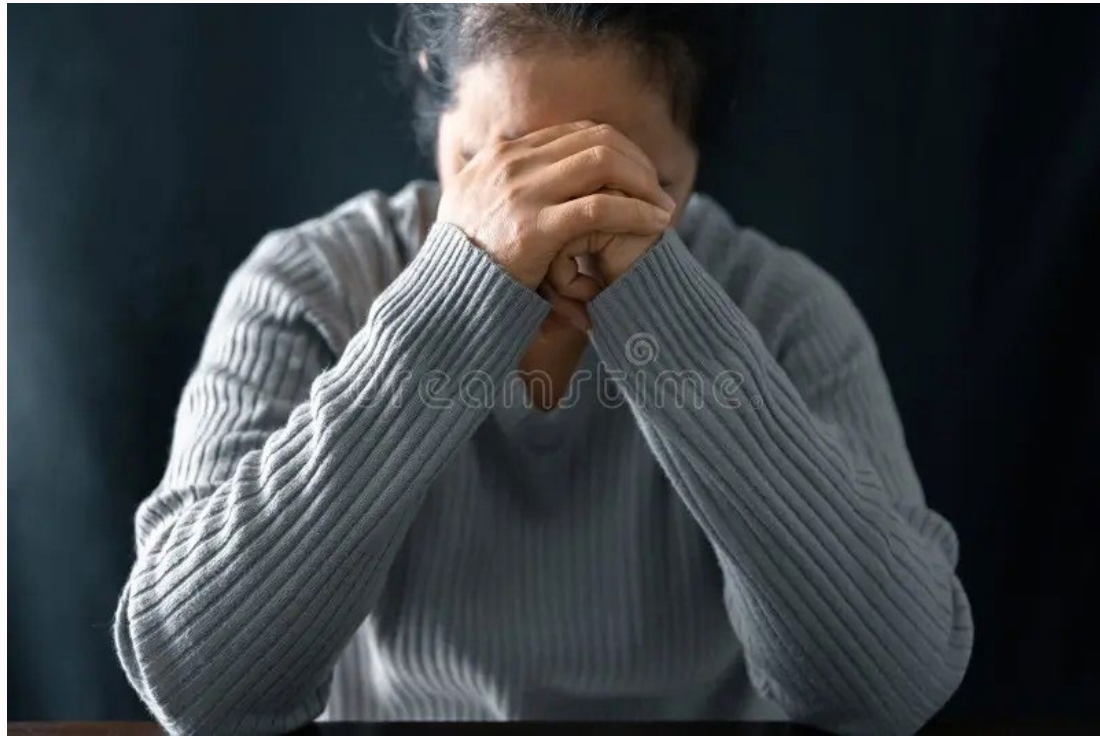
I Separate From Foolishness

Be wise
enough to walk
away from the
foolishness
around you.





I Became Spiritually Engaged



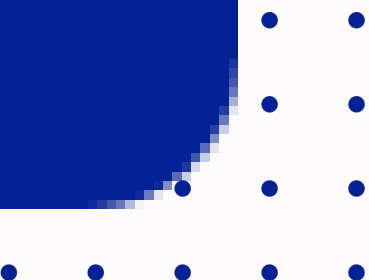
Three Things That will Pull All of This Together





Transparency

Be Transparent and Open
About Your Strengths and
Weaknesses

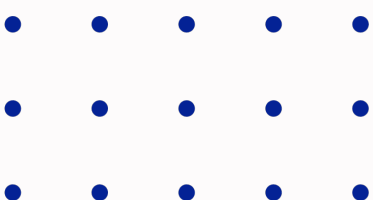


IMPROVE YOUR NETWORK

- Avoid Network Poverty



Develop Good Rituals and Routines

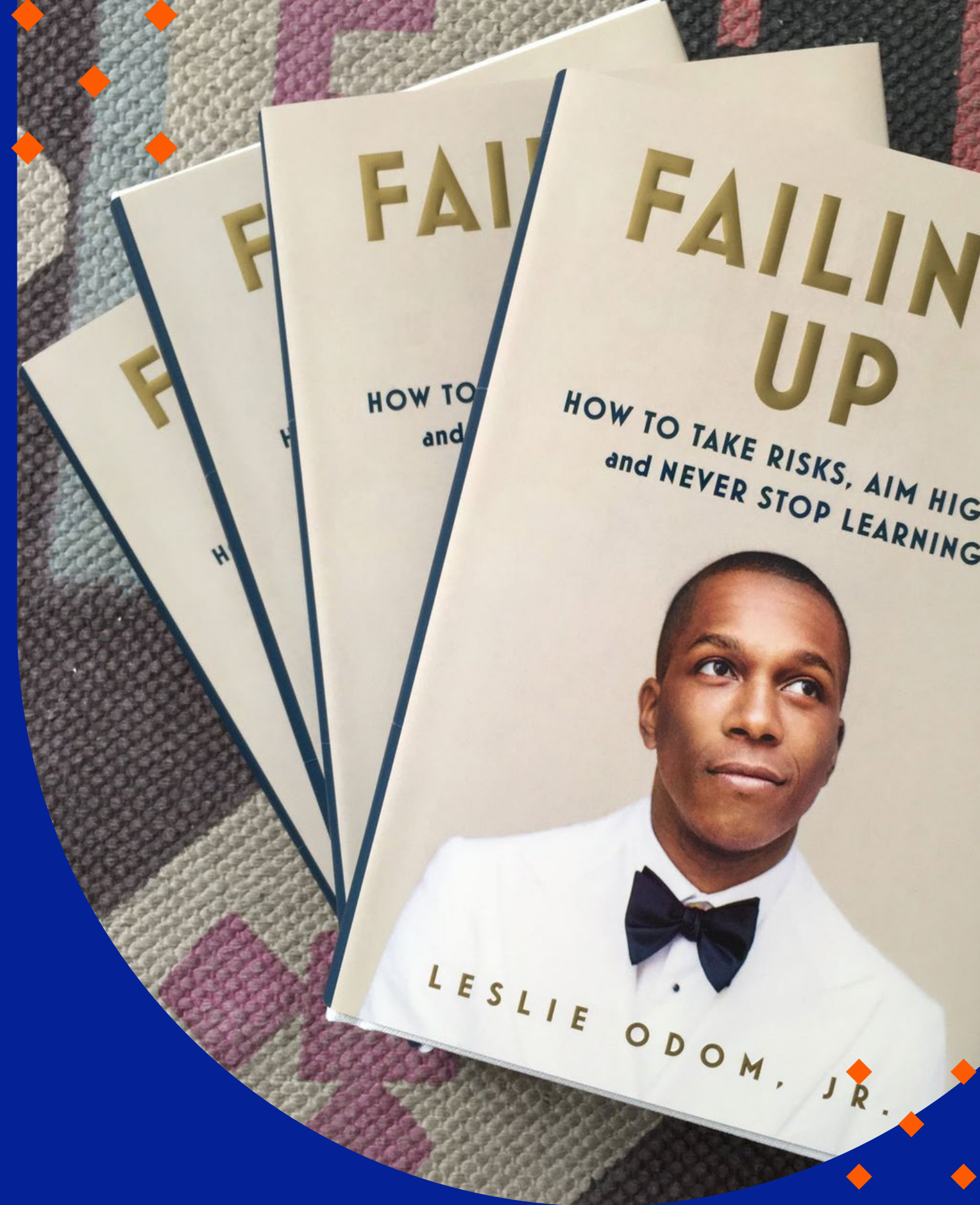


Read Like a Hungry Person



MY FAVORITE BOOK RIGHT NOW

- Favorite Quote: Really Try !



Rickytemple.com

- [Click on Read With the Pastor](#)



Q & A

- What do You Want To Know?

